

## ***Curriculum Vitae***

Darlene N. Stockton  
Professor in Kinesiology  
Coastal Bend College  
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### Education

Master of Science: Physical Education (Kinesiology)  
Texas A & I University – 700 University Blvd., Kingsville, Texas 78363

Bachelor of Science: Physical Education with minor in History  
Corpus Christi State University – 6300 Ocean Drive, Corpus Christi, Texas 78412

Transferred Hours: Del Mar College  
101 Baldwin Blvd., Corpus Christi, Texas 78404

### Certifications

American Red Cross  
1981 - Present

### College Teaching Experience

Fall 1988 – Present: Coastal Bend College, Instructor

Kinesiology Adjunct Faculty  
Del Mar College – 101 Baldwin, Corpus Christi, Texas 78404  
1/1984 – 8/1989

Graduate Assistant  
Texas A & I University – 700 University Blvd., Kingsville, Texas 78363  
8/1984 – 12/1986

### Publications

*Pilates-Based Exercises for Lifetime Fitness* (co-author)  
American Press 2008

*Concepts of Fitness*  
Kendal Hunt 2017

### Conference Presentation

“Handcuffed at 120 Hours.” (Co-presenter), TAHPERD Convention, Dallas, Texas, December 2015.  
“Pilates Based Exercises.” (Co-presenter), TAHPERD Convention, Galveston, Texas, December 2007.