

Course Syllabus

**Mental Health and Mental Illness
VNSG 1201**

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| Course Description: | Personality development, human needs, common mental mechanisms, and factors influencing mental health and mental illness. Includes common mental disorders and related therapy. |
| End-Of-Course Outcomes: | Identify the characteristics of mental health; identify common mental illness and maladaptive behaviors; describe trends in psychotherapeutic treatment; discuss the application of therapeutic communication skills; and assist in the formulation of a plan of care for the individual with mental illness or maladaptive behavior. |
| Semester Hours Credit: | 2 |
| Lecture/Lab Hours: | Lecture 2/Lab 0 |
| Prerequisite: | Admission into Vocational Nursing Program after successful completion of all first and second semester courses with a Grade of C or better. |
| Textbook(s): | Introductory Mental Health Nursing 2 nd Edition Author: Donna M. Womble, Med, BS,RN Lippincott Williams & Wilkins ISBN: 1608313921 |
| Teaching Methods: | Lecture Lab assignments/Discussion Multi-media presentations Group discussions Tutorial assistance Online support |
| Evaluation Methods: | Chapter exams 60% of overall grade Class participation 15% of overall grade Final exam 25% of overall grade |
| Student Learning Outcomes: | Upon successful completion of this course the student will utilize teamwork to assist in the formulation of a plan of care for the individual with mental illness or maladaptive behavior. |
| Criteria for success: | Final Examination for this course |
| Target: | 90% of students will show mastery with a score of 75% or greater on course Final Exam. |



ADA Statement: No qualified individual with a disability shall, by reason of such disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of the College District, or be subjected to discrimination by the College District. Nor shall the College District exclude or otherwise deny equal services, programs, or activities to an individual because of the known disability of an individual with whom the individual is known to have a relationship or association. 42 U.S.C. 12132; 28 CFR 35.130(g).

See at: [GL \(Legal\)](#)

Special Needs Services: Students with special needs, including physical and learning disabilities, who wish to request accommodations in this course should contact the Student Development Office as soon as possible to make arrangements; this should occur no later than the second week of class or as soon as the student has the documentation on the disability and requested accommodation per a certified medical or psychological professional. In accordance with federal law, a student requesting accommodations must provide documentation of disability to the Student Development Advisor.

For more information, contact: in Alice at sdalice@coastalbend.edu; Beeville at sdbeeville@coastalbend.edu; Kingsville at sdkingsville@coastalbend.edu; and Pleasanton at sdpleasanton@coastalbend.edu.

Academic Dishonesty: Each student is charged with notice and knowledge of the contents and provisions of Coastal Bend College's rules and regulations concerning student conduct. All students shall obey the law, show respect for properly constituted authority, and observe correct standards of conduct. Scholastic dishonesty shall constitute a violation of these rules and regulations and is punishable as prescribed by Coastal Bend College Policies FLB (Local) and FM (Local). Scholastic dishonesty shall include, but not be limited to, cheating on a test, plagiarism, and collusion.

See at: [FLB \(Local\)](#) and [FM \(Local\)](#).

See the [Student Handbook](#) for further explanation of Scholastic Dishonesty.

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NOTE: The College website (www.coastalbend.edu) serves as the main source with the most current version of the Coastal Bend College Board Policies and the Coastal Bend College Catalog.