



**Master Course Syllabus**

**RNSG 1341  
COMMON CONCEPTS OF ADULT HEALTH, 51.3801**

**\*\*\*\*\*NOTE TO STUDENT\*\*\*\*\***

*Student success is our number one priority at Coastal Bend College and we realize that prompt, effective communication plays a significant role in achieving that goal. It is vitally important that you have the proper contact information for your instructor. This should include their phone number, email address, and if applicable, their office number, and office hours. If you ever have any problems contacting your instructor, or do not receive a prompt response to your inquiries, please contact the Assistant Dean of Academics, or the Dean of Academics, as soon as possible. Their contact information is provided below:*

<p><i>Dr. Charlene Bell, Director of Nursing Education (830) 569-4222 X1208 cbell@coastalbend.edu</i></p>	
<p><i>Loana Hernandez, Asst Dean of Allied Health (361) 664-2981 ext. 3037 lhernandez@coastalbend.edu</i></p>	<p><i>Julia Garcia, Dean of Workforce Training (830) 569-4222 X1202 jgarcia@coastalbend.edu</i></p>

*We wish you all the best in your education and encourage you to contact us if you have any questions or concerns.*

*Keeping student success in sight, faculty in each of the courses will review with students, course information with specific reading schedules, assignments, and testing information during the first week of class. Additionally, the course information will be posted to Blackboard (THECB 60x30TX compliance).*

**Course Description:**

Basic integration of the role of the professional nurse as a provider of patient-centered care, patient safety advocate, member of health care team, and member of the profession. Study of the common concepts of

caring for adult patients and families with medical-surgical health care needs related to body systems, emphasizing knowledge, judgment, skills, and professional values within a legal/ethical framework. This course lends itself to a blocked approach.

**End-of-Course Outcomes:** Explain the roles of the professional nurse in caring for adult patients and families; utilize critical thinking skills and a systematic problem-solving process in providing care for adult patients and families with common health needs.

**Semester Hours Credit:** 3

**Lecture/Lab Hours:** 3 /1

**Prerequisite:** Successful completion of NURA 1301, RNSG 1209, & RNSG 1160.

**Textbook(s):** Timby, B. K., & Smith, N. E. (2018). Introductory Medical-Surgical Nursing, (12<sup>th</sup> ed.). Philadelphia, PA: Wolters Kluwer. **ISBN:** 978-1-4963-5133-3.

**Required Reference Books:** You must own or have access to one of the reference books in each of the categories listed below as required by the Nursing Education Department:

Nursing Diagnosis Handbook  
Medical Dictionary  
Drug Guide  
Laboratory Diagnostic Text

**Evaluation Methods:** Chapter exams 60% of overall grade  
Final exam 40% of overall grade  
Lab assignments are Pass or Fail  
\* Complex Concepts Syllabus & Handbook Exam must make a 100 to proceed in course (multiple attempts).

### Grading Scale

A = 90-100

B = 80-89

C = 75-79

D = 70-74

F = Below 70

\*Students must achieve a grade of 75 or better to pass this course and receive credit for the nursing program.

### **Student Learning Outcomes:**

Upon successful completion of this course, students will: Utilize critical thinking skills to determine the priority needs of patients

**Assessment:** The student will be assessed on questions pertaining to neurological deficits.

**Target:** 90% of the students will achieve a score of 75% or greater on exam # 3, questions describing issues of neurological deficits.

### **End of Course Outcomes:**

Upon successful completion of this course, students will incorporate evidence-based practice to:

1. Demonstrate professional nursing scope of practice based on professional standards of care.
2. Display a variety of communication techniques in the development of a plan of care for clients.
3. Demonstrate critical thinking concepts in caring for clients with alterations in health status.
4. Utilize theoretical and evidence-based practice concepts in the development of a plan of care for clients experiencing alterations in health status.
5. Modify nursing care plans based on the dynamic health status of adult clients.
6. Examine the physiological concepts as a basis of adaptation health and disease.

7. Describe the pathophysiological changes occurring in clients with complex medical-surgical health care needs across the adult life span.
8. Apply the nursing process and critical thinking skills to plan care and promote health for clients with complex medical surgical health care needs across the adult life span.
9. Describe the theoretical foundation for selected therapeutic nursing interventions for clients with complex medical surgical health care needs across the adult life span.
10. Examine the roles of the nurse as a provider of care, coordinator of care and member of the profession when caring for clients with common medical surgical health care needs across the adult life span.
11. Apply knowledge of pharmacology and to clients with common medical surgical health care needs across the adult health span.
12. Examine the therapeutic modalities used to promote holistic adaption for clients with common medical surgical health care needs across the adult health span.
13. Relate psycho-social and cultural implications in caring for clients with common medical surgical health care needs across the adult health span.
14. Apply components of the teaching learning process to promote optimal health for clients with common medical surgical health care needs across the adult health span.
15. Examine the professional attributes of caring in the management of clients with common medical surgical health care needs across the adult health span.
16. Discuss community resources that promote health for clients and their families with common medical surgical health care needs across the adult health span.
17. Examine ethical, legal, political and economic issues that impact the health of clients and their families with common medical surgical health care needs across the adult health span.
18. Differentiate the role of the interdisciplinary health care team in caring for clients with common medical surgical health care needs across the adult health span.
19. Describe the importance of effective communication for clients with common medical surgical health care needs across the adult health span.

**Technical Support:**



Email Support:	<a href="mailto:helpdesk@coastalbend.edu">helpdesk@coastalbend.edu</a> <a href="mailto:cabrigo@coastalbend.edu">cabrigo@coastalbend.edu</a> <a href="mailto:ycharles@coastalbend.edu">ycharles@coastalbend.edu</a>
Telephone Support:	<b>866-722-2838 ext. 2508 (Toll Free)</b> <b>361.354.2508 (Direct Line)</b>
<a href="#">Live Chat:</a>	<b>Fall/Spring Hours: Monday-Thursday 8 a.m. to 8 p.m.; Friday 8 a.m. to 5 p.m.</b> <b>Summer Hours: Monday-Thursday 7 a.m. to 6 p.m.</b>

**Tutoring Services:** Coastal Bend College offers free tutoring services to all CBC students who need academic assistance. Services include One-on-One, Group, and Online tutoring to all current CBC students. The Tutoring Coordinator’s office is at CBC-Beeville in the Student Success Center (SSC), Room 140 which is in the R.W. Dirks building. The SSC’s hours of operation are Monday - Thursday from 8 am – 8 pm. Tutoring services are also available at all the CBC site locations and students can visit the site’s SSC. For questions regarding tutoring services, please contact the CBC Tutoring Coordinator at (361) 354-2838 ext. 2578 or visit us at our website at: <http://coastalbend.edu/tutoring/>.

Beeville	Alice	Kingsville	Pleasanton
3800 Charco Road Beeville, TX 78102 1-866-722-2838	704 Coyote Trail Alice, TX 78332 1-866-891-2981	1814 Brahma Blvd. Kingsville, TX 78363 1-866-262-1615	1411 Bensdale Pleasanton, TX 78064 1-866-361-4222

**Grady C. Hogue Learning Resource Center (Library):** Located on the Beeville campus, the operation hours are Monday - Thursday 8:00 a.m. - 6:00 p.m.; Friday 8:00 a.m.- 5:00 p.m.



(Summer semesters will observe the CBC campus operation hours.) For locations and hours of CBC library in Alice, Kingsville, and Pleasanton sites please visit the library web page links below.

Grady C. Hogue Learning Resource Center (Library): <http://lrc.coastalbend.edu/about>

Online Catalog : <http://lrc.coastalbend.edu/catalog>

Library Website: <http://lrc.coastalbend.edu/about>

Hours and Locations: <http://lrc.coastalbend.edu/hours>

Pleasanton Public Library: <https://pleasanton.bibliionix.com/>

115 N. Main St., Pleasanton, TX 78064

Monday – Friday 9:00 a.m. – 6:00 p.m.

Saturday 9:00 a.m. – 1:00 p.m.

**Financial Aid:** Resources are available for students for financial aid, work study, and veteran benefits. For additional information, visit our website at [www.coastalbend.edu/finaid](http://www.coastalbend.edu/finaid) or contact us at 361-354-2238. Office hours: Monday-Thursday 7-6 and Friday 8-5 (*THECB 60x30TX compliance.*)

**ADA Statement:** No qualified individual with a disability shall, by reason of such disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of the College District, or be subjected to discrimination by the College District. Nor shall the College District exclude or otherwise deny equal services, programs, or activities to an individual because of the known disability of an individual with whom the individual is known to have a relationship or association. 42 U.S.C. 12132; 28 CFR 35.130(g).

See at: [GA \(Legal\)](#)

**Students with Disabilities:** Please notify your instructor of any modification/adaptation you may require to accommodate a disability-related need. You will need to provide documentation to the Director of Student Services so the most appropriate accommodations can be determined. Specialized services are available through the Office of Disability Services (SSB 4.104, 471-6259). For more information contact (361) 354-2300.

**Scholastic Dishonesty:** Each student is charged with notice and knowledge of the contents and provisions of Coastal Bend College's rules and regulations concerning student conduct. All



students shall obey the law, show respect for properly constituted authority, and observe correct standards of conduct. Scholastic dishonesty shall constitute a violation of these rules and regulations and is punishable as prescribed by Coastal Bend College Policies [FLB \(Local\)](#) and [FM \(Local\)](#). Scholastic dishonesty shall include, but not be limited to, cheating on a test, plagiarism, and collusion.

**Use of E-mail for Official Correspondence to students:** All students should be familiar with the college's official email student notification policy. Students are expected to check their CBC email on a frequent and regular basis to stay current with college-related communications, recognizing that certain communications may be time-critical. CBC email format: last name with last four digits of social security number [@study.coastalbend.edu](#) and password is your student ID (ex. [cougar1234@study.coastalbend.edu](#)).

**Copyright Law and Intellectual Property Rights Policy:** Copyright is the right of an author, artist, composer or other creator of a work of authorship to control the use of his or her work by others. Protection extends to literary works, musical works, dramatic works, pantomimes and choreographic works, pictorial and graphic works, sculpture, motion pictures and other audiovisual works, sound recordings and architectural works. Generally speaking, a copyrighted work may not be reproduced by others without the copyright owner's permission. The public display or performance of copyrighted works is similarly restricted. Generally, the unauthorized reproduction, performance or distribution of a copyrighted work is copyright infringement and may subject the infringer to civil and criminal penalties. The Fair Use Doctrine outlines exceptions to this Law and is outlined in Coastal Bend College Policy, [CT \(Legal\)](#).

Coastal Bend College, its faculty, students and employees must comply with Copyright Law. Detailed information on Copyright Law and Intellectual Property Rights is available in Coastal Bend College Policy [CT \(Legal\)](#) and [CT \(Local\)](#).

Questions regarding this information should be directed to the Director of Library Services at: [library@coastalbend.edu](#) or the Office of Marketing and Public Relations at: [socialmedia@coastalbend.edu](#).

**Intellectual Property: Student /Third Party Works:** Rights to copyrightable or patentable works created by a student or a third party, that is, not a College District employee, shall reside with the

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author/ creator. Detailed information on Copyright Law and Intellectual Property Rights is available in Coastal Bend College Policy [CT \(Legal\)](#) and [CT \(Local\)](#).

Questions regarding this information should be directed to Library Services at: [library@coastalbend.edu](mailto:library@coastalbend.edu).

**NOTE:** The College website ([www.coastalbend.edu](http://www.coastalbend.edu)) serves as the main source with the most current version of the Coastal Bend College Board Policies and the Coastal Bend College Catalog.