



Course Syllabus

CBC PROFESSIONAL NURSING

RNSG 1251 CARE OF THE HIGH RISK CHILDBEARING FAMILY

LEVEL 3

*******NOTE TO STUDENT*******

Student success is our number one priority at Coastal Bend College and we realize that prompt, effective communication plays a significant role in achieving that goal. It is vitally important that you have the proper contact information for your instructor. This should include their phone number, email address, and if applicable, their office number, and office hours. If you ever have any problems contacting your instructor, or do not receive a prompt response to your inquiries, please contact the Assistant Dean of Academics, or the Dean of Academics, as soon as possible. Their contact information is provided below:

<p><i>Julia Garcia, Dean of Workforce Training (830) 569-4222 X1202 jgarcia@coastalbend.edu</i></p>	<p><i>Noemi Aguilar, Assistant Dean of Technical Instruction (361) 354-2306 aguilar@coastalbend.edu</i></p>
	<p><i>Loana Hernandez, Assistant Dean of Allied Health (361) 664-2981 ext. 3037 lhernandez@coastalbend.edu</i></p>

We wish you all the best in your education and encourage you to contact us if you have any questions or concerns.

Keeping student success in sight, faculty in each of the courses will review with students, course information with specific reading schedules, assignments, and testing information during the first week of class. Additionally, the course information will be posted to Blackboard (THECB 60x30TX compliance).

Course Description: Study of concepts related to the provision of nursing care for high risk childbearing families with emphasis on judgment, skills, and professional values within a legal/ethical framework.



Semester Hours Credit: 2

Lecture/Lab Hours: 2 LECTURE HOURS PER WEEK; 16 HOURS PER SEMESTER

Prerequisite: Successful completion of all Level III courses and concurrent enrollment with RNSG 2162

Textbook(s): Ricci, S. S. (2012) Essentials of maternity newborn and women's health nursing + Prep U (4rd ed.). Philadelphia, Lippincott, Williams, Wilkins. **ISBN: 9781496367976** (Or most current edition)

COURSE OBJECTIVES

At the end of this course the student will incorporate evidenced based practice to:

1. Demonstrate professional nursing scope of practice based on professional standards of care
2. Display a variety of communication techniques in the developing a plan of care for obstetric clients and families.
3. Demonstrate critical thinking concepts in the plan of care for obstetric clients with alterations in health status.
4. Utilize theoretical and evidenced based practice concepts in the development of a plan of care for obstetric clients experiencing alterations in health status.
5. Modify nursing care plans based on the evolving health status of obstetric clients and families.

PERFORMANCE OBJECTIVES: At the end of this course, students will Identify changes which may be experienced by the high-risk childbearing family; utilize critical thinking skills and a systematic problem-solving process for providing care during the prenatal, intrapartum, and postpartum periods; and explain the roles of the professional nurse in caring for high risk childbearing families.

The professional nursing student will:

- A. Understand the scope of professional nursing practice based on professional standards of care in planning care for clients in a variety of healthcare environments.
As evidenced by:
 - Discuss the legal and ethical framework of associate degree nursing practice as it applies to the childbearing family.
 - Apply the concepts in the Texas Nursing Practice Act to the care plan.
 - Compare the historical development of professional nursing practice to current

trends in obstetric nursing.

- Describe the future role of obstetric nursing
- Discuss the critical thinking components for making collaborative nursing decisions with childbearing families, using principles of the biological sciences and humanities within the construct of Maslow's Hierarchy of Needs

B. Demonstrates a variety of communication techniques to discuss mechanisms to improve patient outcomes in a variety of patient healthcare environments

As evidenced by:

- Demonstrate aspects of critical thinking that are important to the communication process.
- Understand nursing focus areas within the four phases of a nurse client helping relationship.
- Explain desired outcomes of nurse-health team memberships.
- Analyze qualities, behaviors and communication techniques that facilitate professional communication in the class room and/or healthcare environment.
- Use effective communication methodologies in the planning care to ensure patient follow-up and follow through in the healthcare environment.
- Relate types of communication skills for effective interaction with the childbearing family, inclusive of the participants' diversity.

C. Apply critical thinking concepts to planning care for clients in a variety of healthcare environments.

As evidenced by:

- Interpret the nursing responsibility in making clinical decisions.
- Compare and contrast the components of a critical thinking model for clinical decision making.
- Explain the difference between ethical nursing practice and critical thinking.
- Analyze the nursing process in order to assist childbearing families to achieve levels of wellness by the inclusion of teaching/learning principles.

D. Use theoretical and evidenced based practice concepts to develop plans of care for clients experiencing alterations in health.

As evidenced by:

- Apply the nursing theory to the practice of professional nursing.
- Define evidence based practices used in delivering care to clients.
- Apply current standards of nursing practice in the development of a plan of care for clients

E. Apply the nurses role in health and wellness promotion

As evidenced by:

- Utilize concepts of the health-illness continuum, health belief, health promotion, basic human needs, and holistic health in developing a plan of care for clients.
- Explain the impact of illness on the patient and family.
- Understand the nurse's role in health and illness.
- Discuss variables influencing health beliefs, practices and illness behavior.
- Participate in developing health promotion and illness prevention activities
- Analyze the elements of the teaching/learning process that would enhance patient/family care to maintain optimum levels of wellness.

F. Identify interventions for obstetric clients experiencing alterations in health care using a systematic approach

As evidenced by:

- Discuss therapeutic and caring interventions for routine situations involving childbearing patients, families, and selected members of the health care team.
- Explain common disruptions of the childbearing family and resulting alterations in levels of wellness.
- Identify community services and/or professional organizations that promote optimum levels of wellness for the childbearing family.

Learning Outcomes:

Upon successful completion of RNSG 1251 the student will demonstrate competencies as follows:

1. Utilize critical thinking skills to determine the priority needs of patients as evidence by maintaining a class average of 75% or greater on the mid-term grade in RNSG 1251.
2. Utilize theoretical and evidenced based practice concepts in the development of a plan of care for maternal clients experiencing alterations in health status as evidence by maintaining a class average of 75% or greater on the mid-term grade in RNSG 1251.



Evaluation Methods: Please see individualized instructor policies for course evaluation methods. Students will be assessed on the same measure, across each discipline, as per CBC guidelines.

Evaluation Methods:

1. **Written Examination(s) 40%**
2. Lab Practicum/Demonstration
3. Simulated Patient Care Scenarios
4. **Final Exam 60%**
5. A final grade of 75 is required at end of semester

LAB PORTION IS PASS OR FAIL.

STUDENT MUST COMPLETE LAB PORTION WITH A PASSING GRADE OR FAIL THE COURSE ENTIRELY.

Technical Support:

Email Support:	helpdesk@coastalbend.edu cabrigo@coastalbend.edu ycharles@coastalbend.edu
Telephone Support:	866-722-2838 ext. 2508 (Toll Free) 361.354.2508 (Direct Line)
Live Chat:	Fall/Spring Hours: Monday-Thursday 8 a.m. to 8 p.m.; Friday 8 a.m. to 5 p.m. Summer Hours: Monday-Thursday 7 a.m. to 6 p.m.

Tutoring Services: Coastal Bend College offers free tutoring services to all CBC students who need academic assistance. Services include One-on-One, Group, and Online tutoring to all current CBC students. The Tutoring Coordinator’s office is at CBC-Beeville in the Student Success Center (SSC), Room 140 which is in the R.W. Dirks building. The SSC’s hours of operation are Monday - Thursday from 8 am – 8 pm. Tutoring services are also available at all the CBC site locations and students can visit the site’s SSC. For questions regarding tutoring services, please contact the CBC Tutoring Coordinator at (361) 354-2838 ext. 2578 or visit us at our website at: <http://coastalbend.edu/tutoring/>.



Beeville	Alice	Kingsville	Pleasanton
3800 Charco Road Beeville, TX 78102 1-866-722-2838	704 Coyote Trail Alice, TX 78332 1-866-891-2981	1814 Brahma Blvd. Kingsville, TX 78363 1-866-262-1615	1411 Bensdale Pleasanton, TX 78064 1-866-361-4222

Grady C. Hogue Learning Resource Center (Library): Located on the Beeville campus, the operation hours are Monday - Thursday 8:00 a.m. - 6:00 p.m.; Friday 8:00 a.m.- 5:00 p.m.

(Summer semesters will observe the CBC campus operation hours.) For locations and hours of CBC library in Alice, Kingsville, and Pleasanton sites please visit the library web page links below.

Grady C. Hogue Learning Resource Center (Library): <http://lrc.coastalbend.edu/about>

Online Catalog : <http://lrc.coastalbend.edu/catalog>

Library Website: <http://lrc.coastalbend.edu/about>

Hours and Locations: <http://lrc.coastalbend.edu/hours>

Pleasanton Public Library: <https://pleasanton.bibliionix.com/>

115 N. Main St., Pleasanton, TX 78064

Monday – Friday 9:00 a.m. – 6:00 p.m.

Saturday 9:00 a.m. – 1:00 p.m.

Financial Aid: Resources are available for students for financial aid, work study, and veteran benefits. For additional information, visit our website at www.coastalbend.edu/financial or contact us at 361-354-2238. Office hours: Monday-Thursday 7-6 and Friday 8-5 (*THECB 60x30TX compliance.*)

ADA Statement: No qualified individual with a disability shall, by reason of such disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of the College District, or be subjected to discrimination by the College District. Nor shall the College District exclude or otherwise deny equal services, programs, or activities to an individual because of the known disability of an individual with whom the individual is known to have a relationship or association. 42 U.S.C. 12132; 28 CFR 35.130(g).

See at: [GA \(Legal\)](#)



Students with Disabilities: Please notify your instructor of any modification/adaptation you may require to accommodate a disability-related need. You will need to provide documentation to the Director of Student Services so the most appropriate accommodations can be determined. Specialized services are available through the Office of Disability Services (SSB 4.104, 471-6259). For more information contact (361) 354-2300.

Scholastic Dishonesty: Each student is charged with notice and knowledge of the contents and provisions of Coastal Bend College's rules and regulations concerning student conduct. All students shall obey the law, show respect for properly constituted authority, and observe correct standards of conduct. Scholastic dishonesty shall constitute a violation of these rules and regulations and is punishable as prescribed by Coastal Bend College Policies [FLB \(Local\)](#) and [FM \(Local\)](#). Scholastic dishonesty shall include, but not be limited to, cheating on a test, plagiarism, and collusion.

Use of E-mail for Official Correspondence to students: All students should be familiar with the college's official email student notification policy. Students are expected to check their CBC email on a frequent and regular basis to stay current with college-related communications, recognizing that certain communications may be time-critical. CBC email format: last name with last four digits of social security number @study.coastalbend.edu and password is your student ID (ex. cougar1234@study.coastalbend.edu).

Copyright Law and Intellectual Property Rights Policy: Copyright is the right of an author, artist, composer or other creator of a work of authorship to control the use of his or her work by others. Protection extends to literary works, musical works, dramatic works, pantomimes and choreographic works, pictorial and graphic works, sculpture, motion pictures and other audiovisual works, sound recordings and architectural works. Generally speaking, a copyrighted work may not be reproduced by others without the copyright owner's permission. The public display or performance of copyrighted works is similarly restricted. Generally, the unauthorized reproduction, performance or distribution of a copyrighted work is copyright infringement and may subject the infringer to civil and criminal penalties. The Fair Use Doctrine outlines exceptions to this Law and is outlined in Coastal Bend College Policy, [CT \(Legal\)](#).

Coastal Bend College, its faculty, students and employees must comply with Copyright Law. Detailed information on Copyright Law and Intellectual Property Rights is available in Coastal Bend College Policy [CT \(Legal\)](#) and [CT \(Local\)](#).

Questions regarding this information should be directed to the Director of Library Services at: library@coastalbend.edu or the Office of Marketing and Public Relations at: socialmedia@coastalbend.edu.



Intellectual Property: Student /Third Party Works: Rights to copyrightable or patentable works created by a student or a third party, that is, not a College District employee, shall reside with the author/ creator. Detailed information on Copyright Law and Intellectual Property Rights is available in Coastal Bend College Policy [CT \(Legal\)](#) and [CT \(Local\)](#).

Questions regarding this information should be directed to Library Services at:
library@coastalbend.edu.

NOTE: The College website (www.coastalbend.edu) serves as the main source with the most current version of the Coastal Bend College Board Policies and the Coastal Bend College Catalog.