



**Course Syllabus**

**DHYG 1207 – General and Dental Nutrition  
Course Rubric**

**Course Description:** A study of general nutrition and nutritional biochemistry emphasizing the effects of nutrition on dental health.

**Semester Hours Credit:** 2

**Lecture/Lab Hours:** 2/0

**Prerequisite:** DHYG 1227 – Preventive Dental Hygiene Care

**Textbook(s):** **Nutrition for a Healthy Mouth**, Rebecca Sroda, 2<sup>nd</sup> Edition, Lippincott Williams & Wilkins, ISBN#13:978-0-7817-9825-9.

**Student Learning Outcomes:**

1. Utilize communication skills to explain general nutritional requirements and deficiencies within the human body.
2. Utilize empirical and quantitative skills to analyze dietary records; and apply nutritional strategies to optimize oral health.

**Evaluation Methods:** Written exams, class participation, and attendance

**ADA Statement:** No qualified individual with a disability shall, by reason of such disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of the College District, or be subjected to discrimination by the College District. Nor shall the College District exclude or otherwise deny equal services, programs, or activities to an individual because of the known disability of an individual with whom the individual is known to have a relationship or association. 42 U.S.C. 12132; 28 CFR 35.130(g).

See at: [GL \(Legal\)](#)

**Special Needs Services:** Students with special needs, including physical and learning disabilities, who wish to request accommodations in this course should contact the Student Development Office as soon as possible to make arrangements; this should occur no later than the second week of class or as soon as the student has the documentation on the disability and requested accommodation per a certified medical or psychological professional. In accordance with federal law, a student requesting accommodations must provide documentation of disability to the Student Development Advisor.



For more information, contact: in Alice at [sdalice@coastalbend.edu](mailto:sdalice@coastalbend.edu); Beeville at [sdbeeville@coastalbend.edu](mailto:sdbeeville@coastalbend.edu); Kingsville at [sdkingsville@coastalbend.edu](mailto:sdkingsville@coastalbend.edu); and Pleasanton at [sdpleasanton@coastalbend.edu](mailto:sdpleasanton@coastalbend.edu).

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See at: [FLB \(Local\)](#) and [FM \(Local\)](#).

See the [Student Handbook](#) for further explanation of Scholastic Dishonesty.

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**NOTE:** The College website ([www.coastalbend.edu](http://www.coastalbend.edu)) serves as the main source with the most current version of the Coastal Bend College Board Policies and the Coastal Bend College Catalog.