

Curriculum Vitae

Name: Darlene Neth Stockton

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Education:

Credential Earned	College/University and Location Year Earned		
	Del Mar College – Corpus Christi, TX (transferred)	(1980 – 1982)	
B.S.	Corpus Christi State University – Corpus Christi, TX	1983	
M.S.	Texas A&I University – Kingsville, TX	1986	

Teaching Experience:

Institution and Location	Year(s)	
Coastal Bend College – Beeville, TX	1988 – present	
YWCA – Corpus Christi, TX	1986 – 1988	
Del Mar College – Corpus Christi, TX (adjunct)	1983 – 1988	
Texas A&I University – Kingsville, TX (graduate assistant)	1983 – 1986	

Professional, Technical, and Work-Related Experience, Skills, Licensure & Certifications: (if applicable)

Years(s)		
American Red Cross: CPR/AED for Professional Rescuer	1989 – present	
American Red Cross: First Aid/CPR/AED	1989 – present	
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Professional Achievements and Publications:		
Years(s)	s(s)	
Pilates-Based Exercises for Lifetime Fitness, 1 st edition		
American Press	2008	
Pilates-Based Exercises for Lifetime Fitness, 2 nd edition (May release)	2022	
American Press	2022	
Concepts of Fitness, 2 nd edition	2018	
Kendall Hunt	2010	

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